

MARCH 20, 2015

ALL DAY SEMINAR

8:30-12 PM

AM SESSION
PUBLIC HEALTH HYGIENIST

CHRIS FARRELL

Christine Farrell is the Oral Health Director for the Michigan Department of Community Health's Oral Health Program. She has been employed by the MDCH for over 26 years.

Chris served 22 years in the Medicaid policy area and has been the Oral Health Director since June, 2010.

She has a wealth of oral health knowledge at both the state and federal levels and a great deal of experience advising MDCH's public health staff and public health partners on a vast array of program, financial and administrative issues related to oral health.

As Oral Health Director, she is responsible for overseeing and promoting the State of Michigan's Oral Health program. Her duties include ensuring the program effectively educates the public about oral health issues as well as the implementation of preventive activities to improve the oral health of Michigan residents throughout their lifetime.

In addition, she is adjunct faculty in both the UM School of Dentistry eLearning Dental Hygiene Degree Completion Program and the Master of Science Dental Hygiene Program.

Chris received both her bachelor's degree in dental hygiene and master's degree in public administration from the University of Michigan.

Objectives:

Provide new information and updates on career paths for dental hygienists

Discuss educational opportunities and degree options available

Provide overview of resume building and interview process

Discuss direct workforce models and future impact on dental hygiene workforce

BREAKFAST: SCRAMBLED EGGS, HARD BOILED EGGS, EGGS WITH CHEESE, BACON

FRUIT, PASTRIES, CROISSANTS

LUNCH: SALMON OR COD, CHICKEN, SALAD, VEGGIE, PASTA, ASSORTED DESSERTS

AFTERNOON SNACK meals are not confirmed

NUTRITION-CONSIDERATIONS IN DENTAL HEALTH

pm session

1-4PM

NANCY A RAYMOND, MSMS, MS, RDN, FAARFM

I AM AN INTEGRATIVE AND FUNCTIONAL MEDICINE DIETITIAN - NUTRITIONIST, AN EXERCISE PHYSIOLOGIST, AN ADVANCED FELLOW IN ANTI-AGING, REGENERATIVE AND FUNCTIONAL MEDICINE, AND HAVE AN MS IN MEDICAL SCIENCES (CONCENTRATION IN METABOLIC NUTRITION AND MEDICINE) FROM USF SCHOOL OF MEDICINE. I WORK WITH: ADRENAL HEALTH/ ADRENAL FATIGUE, CANDIDA, CANCER NUTRITION, CHRONIC FATIGUE, DETOXIFICATION PROGRAMS, MOOD PHYSIOLOGY, FIBROMYALGIA, FOOD ALLERGIES, GLUTEN INTOLERANCE, GUT ISSUES, HIGH CHOLESTEROL/ DYSLIPIDEMIAS, HIGH BLOOD PRESSURE METABOLIC SYNDROME AND DIABETES, MIGRAINES, OBESITY AND NATURAL WEIGHT LOSS PROGRAMS, OBESITY RELATED HEALTH ISSUES, OSTEOPENIA/ OSTEOPOROSIS, STRESS MANAGEMENT, EXERCISE GUIDANCE AND LIFESTYLE MODIFICATION, AND MORE.

MY GOAL IS TO BRING EXCELLENCE AND CARING TO ALL THAT I DO AND TO ENDEAVOR TO PROVIDE YOU WITH A UNIQUELY EDUCATIONAL AND EMPOWERING EXPERIENCE . FUNCTIONAL MEDICINE IS NOT ABOUT WHAT THE DISEASE IS, IT IS ABOUT FINDING OUT WHY THE PERSON HAS THAT DISEASE.

I ASSESS HOW YOUR HISTORY, GENETICS, PHYSIOLOGY, ENVIRONMENTAL FACTORS AND LIFESTYLE CHOICES HAVE WORKED TOGETHER TO TRIGGER THE "CAUSES" OF YOUR SYMPTOMS. SPECIALIZED TESTING INCLUDES: FOOD ALLERGY/ GLUTEN , NUTRITIONAL DEFICIENCY/ ADVANCED CARDIOVASCULAR RISK MEASURES, MTHFR/ APOE GENOTYPING, GUT DYSBIOSIS, NEUROTRANSMITTERS, BODY COMPOSITION MEASURES, BMR (BASAL METABOLIC RATE) MEASURES AND MORE.

OBJECTIVES

AT THE END OF THIS SEMINAR, THE DENTAL HYGIENIST SHOULD BE ABLE TO:

LIST HEALTHY EATING AND HYDRATION PRINCIPLES.

DEFINE HEALTH CARBOHYDRATES, PROTEIN AND FATS AND THE ROLE THEY PLAY IN ORAL AND DENTAL HEALTH.

UNDERSTAND THE ROLES AND FUNCTIONS OF MAJOR NUTRIENTS – VITAMINS, MINERALS AND ANTIOXIDANTS- AND THE SYMPTOMS OF DEFICIENCIES.

RECOGNIZE HOW NUTRITIONAL DEFICIENCIES AFFECT ORAL HEALTH AND DISEASE.

UNDERSTAND FACTORS THAT AFFECT FORMATION OF DENTAL CARIES INCLUDING STRUCTURE OF THE JAW AND ORAL CAVITY AND TEETH; ORAL HYGIENE PRACTICES; THE ROLE OF DIETARY FACTORS INCLUDING BACTERIA, ACIDIC FOOD AND ACID FORMATION.

IDENTIFY SPECIFIC DIETARY CONSIDERATIONS FOR DIFFERENT STAGES OF THE LIFECYCLE.

UNDERSTAND BASIC NUTRITION COUNSELING RECOMMENDATIONS FOR YOUR PATIENTS.

SAME FEE AS LAST YEAR!!

MDDHS Registration Form for all Seminars

Name: _____
(last) (first)

Address: _____
(Zip Code) (Street) (City)

Phone Number: _____

Email Address: _____

Would you like to receive email updates about future meetings and events? Yes or No

(please circle one)

What is your profession? RDH RDA/CDA DDS/DMD Other: _____

(please circle one)

What is your professional license number/ID (for CE purposes): _____

Are you a member of the ADHA? Yes or No

(please circle one)

If you are a member of the ADHA, what is your ADHA member number?: _____

Which seminar are you paying for today?: September 30 January 15th March 20th May 13

(please circle applicable date and see lecture times and fee schedules below)

Total Amount Paid: \$ _____

NOTE: All checks and registration forms are due **TWO WEEKS** prior to the event.

****IF YOU ARE PAYING FOR MULTIPLE SEMINARS, PLEASE WRITE A SEPARATE CHECK FOR EACH MEETING****

PLEASE MAKE CHECKS PAYABLE TO: MDDHS

MAIL CHECKS TO: ELIZABETH EASTER, RDH
36320 UNION LAKE RD.
APT. 303
HARRISON TWP, MI 48045

1-September 30, 2014 - Evening Seminar - 6pm-9pm

2-January 15, 2015 - Evening Seminar - 6pm to 9pm

3-March 27, 2015 - All Day Seminar - 8am to 4pm

4-May 13, 2015- Evening Seminar- 6pm-9pm

(1,3,4) Seminars will be held at:

Italian American Cultural Society
43843 Romeo Plank Clinton Township, MI 48038

*The January seminar will be held at:

The Clinton Macomb Library Main Branch
40900 Romeo Plank Rd.
Clinton Twp., Mi. 48038

2014-15 FEE SCHEDULE

ALL DAY SEMINARS

ADHA MEMBERS: \$90 ALL DAY
\$45 HALF DAY

POTENTIAL ADHA MEMBERS:
\$150 ALL DAY
\$80 HALF DAY

EVENING SEMINARS

ADHA MEMBERS: \$30

POTENTIAL ADHA MEMBERS:
\$55

STUDENTS: \$10

RDA/CDA: \$30

ANY QUESTIONS PLEASE EMAIL
US AT

MDDHSEditor@YAHOO.COM