

# MDHA NEWSWIRE

December 2015

Check out our new logo! I like how it is combined, rather than two separate logos pushed together. We are a **tripartite association**, which means, each of us belongs to **ADHA~MDHA** and our chosen component. I'm working on creating the component logos, expect them next month. Speaking of components-restructuring was a difficult task! Thankfully, most of the hard work is done and we are finishing up the details that will allow our association to flourish. It is the hope that by combining forces, members will share the work that is done at the component level rather than a few people carrying the load. Ask how you can help. Talented in IT? Love to plan parties? Organizational skills? A **WOOing** personality? Don't worry about what you may be lacking-**find your strengths** and share them! [www.strengthsfinder.com](http://www.strengthsfinder.com)

## President's Message

While traditions need to be cherished, change advances our profession. As I write this message, I reflect upon our recent House of Delegates (HOD) meeting and the traditions that we held fast to and the advances that were made. An inspiring **Mega Issues** discussion kicked off the weekend, led by ADHA past president Denise Bowers. We came to together to recognize issues that are important to our members, realized our short comings and offered up solutions. I remember the excitement and encouragement of the weekend. There was positive energy and a wonderful **sense of unity**.



Great leadership skills were witnessed, inspiring professionalism displayed from our student delegates and the enthusiasm for the future of dental hygiene in Michigan was all around us.

Dedicated member delegates were prepared, respectfully disagreed, and realized that **together** is how we become a resilient association with a powerful voice. Many hands make light work! We **Lifted Our Spirits**, as a show of support for IPP Mielke and also made significant donations to the **MDHA PAC**.

A special thank you to my DH family for taking care of my family during the installation, answering “my ask” to participate in the installation, stepping out of your comfort zone, helping with last minute things added to making the day a very special event! I was **over the rainbow**, when my UM DH3 students surprised me by dressing and acting the part of the munchkins. I asked them to come out when called and they took it to the next level!



Thank you to all the students who participated in HOD. Please share the information that you learned with your classmates, community and your instructors. MDHA is here for you.

**Love, Glinda**

During my presidential acceptance speech, I spoke about participative leadership. In the **Wizard of Oz**, Dorothy in working towards achieving her personal goals as well as the goals of her teammates. This style of leadership is based upon their ability to each have a sense of ownership and accountability for the success of the Association. As a MDHA member, **YOU** are on the team and the success of MDHA is depending on your participation.

**Blazing a Trail Down the Yellow Brick Road!**

Allison Restauri, RDH, BSDH, MA  
MDHA President

# Follow the Yellow Brick Road.....

Take a trip down memory lane with

*Allison Restauri*

as she accepts the MDHA "crown" and leads her cast  
along a journey that will be filled with Hygienists,  
Assistants and Dentists-*Oh My!*

Collaborate with MDHA officers, as they navigate through  
scary forests, flying monkeys and meetings with the  
Wizard.

This may be a journey that will, at times, be unbearable,  
but with

*Courage, Heart & Knowledge*

the Board of Trustees will persevere to prove that

*There Is No Place Like MDHA!*

*President Restauri's Invitation*

## Did you know?

The **Spirit of Michigan** dental conference is MDHA's main source of revenue. I challenge all members to attend **at least one co-promoted course**. Those that already attend the meeting, I charge you will inviting a non-member to attend **a co-promoted course**. This is one way that members and non-members can come together to support dental hygiene in Michigan. MDHA is making a positive difference at the state level, but we need financial support to retain our lobbying firm, support representatives that introduce new legislation for us and funding for legislative day education.

## Co-promoted Courses:

Thursday 9-12: Durinda Mattana, RDH, BSDH, MS & Erin Relich, RDH, BSDH, MSA  
**Fluoride and Antimicrobials! Updates for RDH**

Thursday 1-4: Lauren Gueits, RDH, BS: sponsored by Align Technology  
**The Dental Hygienist's Role in Identifying Malocclusion and the Benefits of Tooth Alignment**

Friday AM: 8-11 Dr. Molinari, sponsored by SciCan  
**Vaccine Recommendations: Science, Success & Myths**

Friday 2-5: Dr. Fredric Bonine  
**Assessing Wisdom Teeth-The Dental Hygienist's Role**

Saturday 9-12: Amy Kinnamon, RDH  
**Optimizing Dental Hygiene: Regenerative Therapies**

Saturday 1-4: Amy Kinnamon, RDH  
**What Every Hygienist Should Know About Prevention and Technology**

Our **mega issues discussion**, at HOD, revealed to MDHA leaders that we need to do a better job with our website and communication to members. While we have made significant strides with the website, there is more work to be done. Know that we heard you and we are on it!

## MDHA Leadership

### Officers:

Pres. Allison Restauri, [KITAandROO@hotmail.com](mailto:KITAandROO@hotmail.com)

PE Vickie Yahn, [vlyahnrhd@gmail.com](mailto:vlyahnrhd@gmail.com)

VP Jan Miller, [jgmiller67@hotmail.com](mailto:jgmiller67@hotmail.com)

Treas. Beth Chislea, [treasurer@mdhatoday.org](mailto:treasurer@mdhatoday.org)

IPP Kathy Mielke, [krmrhd@gmail.com](mailto:krmrhd@gmail.com)

Administrative Assistant: Joyce Losen, [joyce@mdhatoday.org](mailto:joyce@mdhatoday.org)

Lobbying Firm: Acuitas, Sarah Hubbard, [shubbard@acuitasllc.com](mailto:shubbard@acuitasllc.com)

### Board of Trustees:

**Capital Region:** Liane Carslake, **East Shore:** Becky Domagalski, **Grand Shores:** Traci Beals, **Greater Detroit:** Danielle Derwood, **Great Lakes Bay:** Stacy Priem, **Northland:** Erica Dopp, **South Central:** Stephanie Moor, **South West:** Eve Sidney, **Superior Sunrise:** Brenda Budnik

# Communications Council

Erin Relich, Chair, [relichee@udmercy.edu](mailto:relichee@udmercy.edu)



Michigan Dental Hygienists' Association #MIdentalhygiene  
[www.MDHAtoday.com](http://www.MDHAtoday.com)



## Legislative Council

Cheryl Bentley, Chair, [chooey46@yahoo.com](mailto:chooey46@yahoo.com)

**Taking Action-Together!**

The Michigan Dental Hygienists' Association Political Action Committee (MDHA PAC) is the only state PAC representing the interests of Michigan Registered Dental Hygienists. MDHA PAC amplifies YOUR voice and enables registered dental hygienists to collectively support representatives who collaborate with us to protect our scope of practice and assist us as we advance our profession.

**SAVE THE DATE: MARCH 2, 2016 LEGISLATIVE LUNCHEON IN LANSING AT THE HOUSE BUILDING**

For all those who attended HOD in Boyne this year and participated in the mega issue experience, we heard you and are taking action!

Currently MDHA is working on a draft bill for limited prescription authority for the RDH. We are moving forward with this initiative and will keep you informed as to when you may want to write your legislator. We will provide sample letters for your convenience. Your voice makes a difference. Collectively we can move this forward. Get prepared. Find your legislators ahead of time.

**Find My Representative:** <http://www.house.mi.gov/mhrpublic/>

**Find My Senator:** <http://www.senate.michigan.gov/fysbyaddress.html>

MDHA is working towards a permanent RDH committee on the state board of dentistry (BOD). This committee would handle all dental hygiene related issues and make recommendations to the full board for a vote. Currently, we have four RDH's that serve on the BOD. All four are past presidents of the MDHA. Our hope is for a nine member committee, made up of the four RDH's, the two RDA members, one of the public members, a public health DDS, and DDS educator.

Notable actions from the last Board of Dentistry meeting.

- There is a new CE requirement pending that will require two CE's of Pain Control to be taken every three years.
- New legislation now requires dentists to be able to ID human trafficking through dental exams.

In case you missed this:

**ADHA Cosponsors Fluoridation Resolution**

The ADHA continues to show support for community water fluoridation by serving as a co-signee for H. Res. 416. The resolution commemorates the 70th anniversary of the community water fluoridation and acknowledges it as a safe and cost-effective method for reducing the incidence of dental caries throughout the human lifespan.

The ADHA supports the continued use of community water fluoridation as it aligns with the ADHA's mission to improve the public's oral and overall health. The ADHA Policy Manual states that community water fluoridation is a "safe and effective method for reducing the incidence of dental caries," and that the ADHA promotes the "education of the public and other health professionals regarding the preventive and therapeutic benefits of fluoride." Our Future. Know where your profession is going.

### **Transformative White Paper Available Online**

The ADHA's "Transforming Dental Hygiene Education and the Profession for the 21st Century" white paper can be downloaded by visiting <http://www.adha.org/adha-transformational-whitepaper>

# Public Health Council

Susan Deming, Chair, [demings@michigan.gov](mailto:demings@michigan.gov)

**Mission:** To improve the public's oral health and access to dental care through the utilization of dental hygienists in the State of Michigan.

**Vision:** To be a resource for members of MDHA for education, training, and evidenced-based community oral health initiatives in regards to improved health for all Michiganders.

# Education Council

Jan Miller, Chair, [jgmiller67@hotmail.com](mailto:jgmiller67@hotmail.com)

MDHA 2015 at Boyne Mountain Resort was Educational, Productive and Fun! As Educational Chair we were able to present a personal development growth program in the morning and the afternoon expanded our clinical knowledge in the area of Orthodontics. Our next seminar will be held at the **Hagerty Center located on the Northern Michigan College campus in Traverse City on March 19, 2016. Mark your calendars now more information regarding the topic will be exciting and coming to you soon.**

We welcome in beginning of our House of Delegates, 2016 with awards and welcome speeches from local dignitaries and ending with our ADHA past president, Denise Bowers, conducting Mega Issue Training. Business as usual progressed for the next two days, selecting our new officers, writing and voting on new legislation. A great time was had riding the chair lift to the top of the mountain (so what if it was raining) and a fabulous night of great music and dancing for our Presidents' dinner.

**We will meet in 2016 in Grand Rapids at a wonderful new venue for us. Mark your calendars for October 21-23 at the Doubletree.**

# Membership Council

Nancy Gurzick, Chair, [nancy.gurz@gmail.com](mailto:nancy.gurz@gmail.com)

**MEMBERSHIP MATTERS!**



## MEMBERSHIP COUNCIL NEWS

### Who Inspired You?

Membership Council is asking for submissions of member stories to help guide our membership campaign. We ask that you give some thought about **why** you chose to be a member and **who** in your life, may have inspired you to become a member or maintain your professional membership.

Email your story to: Nancy Gurzick at: [nancy.gurz@gmail.com](mailto:nancy.gurz@gmail.com) We will use these stories anonymously to draw from our past success and move toward creating new successful strategies to promote membership today! [www.adha.org/membership](http://www.adha.org/membership)

### House of Delegates –FREE MEMBERSHIP Winner is Jamie Gothro!

The Membership Council held a raffle for a one year ADHA Membership at HOD 2015. All attendees of the Friday, October 23rd continuing education courses were eligible to enter the drawing. Congratulations to Jamie and welcome!



Membership is everyone's responsibility.  
Happy Holidays from the MDHA  
Membership Council





# Excellence in Education

Together we can achieve more.....MDHA supports our members in the improvement of their education, allowing our profession to advance.

My name is Jerelyn Champine, RDH, BSDH, I am a graduate student in the Master of Science Dental Hygiene Program at the University of Michigan. I am writing to ask for your help in participating in a survey I am distributing for my thesis research project entitled, **“Understanding the Development of Professional Identity in Students and Licensed Dental Hygienists.”**

The questions of this survey were developed from a professional identity assignment that was completed from dental hygiene students at the University of Michigan. Several themes emerged as significant “expectations of themselves” as they progressed through the dental hygiene program and moved toward becoming a licensed dental hygienist. A few of the themes were: working hard, being knowledgeable and educated, having good chairside rapport with patients, helping patients achieve good oral health, and upholding the ADHA Code of Ethics. **The purpose of this is to assess how licensed dental hygienists in the state of Michigan respond to these questions compared to dental hygiene students in Michigan.**

Anticipated outcomes of this study may help better inform the public and policy makers about the professional values and beliefs of licensed dental hygienists and dental hygiene students in our state. In addition, the results may also be important for dental hygiene educators as they play a significant role in helping dental hygiene students learn about professionalism and assist shaping their professional identity.

The survey is anonymous and has IBR approval (HUM00100425). There is no more than a minimal risk to participants, and there will be no direct benefit for participation nor consequence for non-participation.

Please fill out the survey by December 15, 2015 at:

[http://lessons.umm.umich.edu/2k/jerelynsurvey/jerelynlicensed\\_dental\\_hygienists](http://lessons.umm.umich.edu/2k/jerelynsurvey/jerelynlicensed_dental_hygienists).

If you have any questions, please feel free to contact me at [jerelync@umich.edu](mailto:jerelync@umich.edu).

Sincerely, Jerelyn Champine, RDH, BSDH

Candidate for Master’s Degree in Dental Hygiene from the University of Michigan

## Save the Dates

**Legislative Luncheon:** March 2, 2016, House Building, Mackinac Rm, Lansing, MI

**Spirit of Michigan Meeting:** April 13-16, 2016, Suburban Collection Showplace, Novi, MI



**MDHA/Northland Michigan in March CE Seminar:** March 19, 2016, NMC Hagerty Center: Traverse City, MI



**Mission of Mercy:**



Michigan Dental Association Foundation

June 9 -11, 2016 • Warren, Mich.

Macomb Community College

**House of Delegates:** October, 21-23, 2016: Doubletree, Grand Rapids, MI



ADHA CLL/AS: June 8-14, 2016, Pittsburgh, PA

**SAVE THE DATE**

adha **CLL 2016**  
93RD ANNUAL SESSION  
JUNE 8-14, 2016 / PITTSBURGH, PA

DAVID LAWRENCE CONVENTION CENTER

**NEW: Main Registration Opens Late August!**

**Main Registration Rates**  
Now through February 12

- \$ 175 - Members/Delegates/Alternates
- \$ 99 - Students
- \$ 245 - Non-Members (hygienists, dentists, dental assistants, etc.)

**CE Courses & Event Ticket Registration Open January 6**

**Housing Opens January 6**

- \$159 ++ room rates
- Co-Headquarter Hotels:
  - Westin Pittsburgh
  - Omni Pittsburgh

**PITTSBURGH 2016**

[www.adha.org/annual-session](http://www.adha.org/annual-session)